



Quaker Hill Elementary School

Christopher Discordia, Principal

cdiscordia@waterfordschools.org

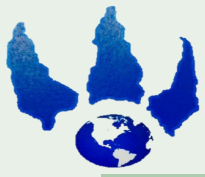


Purposeful Play in Action:

Students in Mrs. Radicchi's class were excited to work in their very own Starbucks shop. Thanks to parent donations and the Mystic Starbucks for their support in creating this great learning experience.



The Little Explorer class has been learning about the letter Ii and reading the book "Should I Share My Ice Cream?" Today, peers from other classes joined in and worked together to make delicious "school-made" ice cream!



Quaker Hill News



Fri December 8th
QH Pajama Day

Tues December 12th
Hour of Code

Fri December 22nd
1/2 Day 12:25pm dismissal

Week of December 4th-8th

Monday - A

Tuesday - B

Wednesday - C

Thursday - D

Friday - A

Lunch Menu for the week of December 4th-8th

Mon: Macaroni & cheese, steamed broccoli, baby carrots, diced pears, milk

Tue: Chicken nuggets, steamed red potatoes, sliced carrots, dinner roll, fresh fruit choice, milk

Wed: Chicken tender parmesan, pasta, green beans, cucumber slices, apple juice, fresh fruit choice, milk

Thu: Beef & cheese taco salad, fiesta beans, mini corn muffin, Tostito chips, salsa cup, pineapple chunks, milk

Fri: Pizza bites, marinara sauce, spinach and tomato salad, orange smiles, milk



Our Chief Medical Advisor Dr. Walia has updated our Cough Drop policy.

All elementary school aged children's pediatrician should be authorizing the use of all medications, including cough drops.

All medications, including cough drops, must be provided by the parent directly to the health room staff and will be stored in the health room. The cough drop must be consumed in the health room due to the potential as a choking hazard.

Please do not send in any medication to the school with your child.

If you have any questions, please email Nurse Sonia at sstavens@waterfordschools.org



Waterford Public Schools Elementary Report Card Handbook

Guide for Parents and Guardians
Grade K-5

What are standards?

The elementary report card is designed to help parents and guardians understand their child's progress toward established grade level standards. Waterford standards identify the skills, knowledge, and understandings that each student should acquire in order to have a firm foundation for future learning and be college or career ready after high school. These standards describe what students should know and be able to do by the *end of each grade level* in the core academic areas.

The Common Core State Standards:

As explained on the [CSDE website](#), *The Connecticut Core Standards, adopted by the State Board of Education in 2010, provide teachers, students, and families with clear expectations of what a student should know and be able to do at each grade level. School districts develop local curricula based on these college and career standards. Taken together, standards, high quality curriculum, and instruction prepare students to meet the demands of 21st Century study, work, and life.*

How will you know if your child will meet a standard?

Report cards are designed to inform parents and guardians about their child's progress relative to the end of the year grade level standards. These performance standards can not be compared to a numeric average or letter grade. Rather, they communicate which skills the child has mastered or where he/she is currently working within the end of the year grade level expectations.

[Connecticut State Department of Education Standards and Grade Level Expectations](#)

Performance Indicators: (as they appear on the report card)

- M - Meeting the standard consistently and independently
- T - On track toward meeting the standard independently or with minimal teacher support
- P - Progressing toward meeting the standard with frequent teacher support
- B - Beginning to progress toward meeting the standard with extensive teacher Support
- NG - Not graded at this time

What student evidence determines progress?

As students work toward achieving grade level expectations in all curriculum areas, teachers carefully consider the following in order to determine progress:

- A collection of work over time
- Daily written or oral tasks
- Application of skills
- Formal and informal classroom assessments and observations

Dear Parent or Guardian,

The elementary report card includes information about your child's progress toward end-of-the-year grade level standards. Each report card includes teacher comments that describe specific strengths and growth goals for your child. Teachers may provide additional information and samples of your child's work during parent/teacher conferences.

Reporting Process

The reporting process occurs throughout the year to help families understand the skills being taught in each subject area and the student's performance toward end-of-the-year grade level standards. Effort and learner behaviors are also communicated.

- **November** - Fall Parent/Teacher conferences
- **December** - First Trimester report card
- **March** - Second Trimester report card & Spring Parent/Teacher conferences (as needed)
- **June** - Third Trimester report card

Ongoing Communication

- Newsletters
- Individual Conversations/Emails
- Feedback on Student Work
- Parent-Teacher meetings (IEPs/504s)

State Testing

Prior to April break, Grade 5 students will participate in the Next Generation Science Standards (NGSS) Assessment. Following April break, all students in Grades 3-5 will participate in the Smarter Balanced Assessments in Mathematics and English Language Arts. Student performance results will be sent to families via mail during the summer months.

District Universal Screeners (ELA & Math)

These assessments are administered in the fall, winter, and spring.

- Grades K-3: Achievement Improvement Monitoring System (AIMSweb)
- Grades K-3- i-Ready Math
- Grades 4-5: NWEA Assessments - Measures of Academic Progress (MAP)

What academic subjects are assessed?

- Language Arts - Reading
- Language Arts - Writing
- Mathematics

What special areas are assessed?

- Art
- Music
- Physical Education/Health

Academic Performance Indicators:

M - Meeting the standard consistently and independently. *This is the goal for the end of the year grade level expectation.*

T - Ontrack toward meeting the grade level standard independently or with minimal teacher support. *This is the goal throughout the year and should be celebrated.*

P - Progressing toward meeting the standard with frequent teacher support

B - Beginning to progress toward meeting the standard with extensive teacher support

NG - Not graded at this time

Effort Key for Learner Behaviors / Science / Social Studies/ Technology:

- 3 - The student consistently demonstrates effort
- 2 - The student inconsistently demonstrates effort
- 1 - The student seldomly demonstrates effort

Teacher comments may address:

- Student strengths and/or areas of concern, both academic and behavioral
- Individual student goals or an action plan regarding what is necessary to meet grade level standards
- Specific content area units being studied and assessed during the trimester



Stuff the Police Cruiser & Fire Truck



Annual Food, Toy & Clothing Drive
Sunday, December 3rd 10AM-2PM
at Waterford Walmart

All donations go to Waterford Youth Services
to provide to families in need.

Free Candy Canes! K-9 Hodges & K-9 Ginger! Santa!

★ HAPPY ★
Holidays
★



Light up the Night!

Waterford Tree Lighting

Friday, December 8th
6pm to 8pm at the Jordan Green

FEATURING:
DJ PIX AND A HEARTWARMING HOLIDAY CHORUS

YUMMY TREATS AND HOT COCOA

LUMINARIA DISPLAY CREATED BY WATERFORD STUDENTS

OUR WATERFORD OFFICAL HOLIDAY HERO

VISIT WITH SANTA & MRS. CLAUS!

General parking at Waterford Public Library and Waterford Community Center. Handicap parking available at Jordan Green

proudly present by



QUAKER HILL TREE LIGHTING



SATURDAY DECEMBER 9TH

JOIN US AT THE QUAKER HILL GREEN AT 5:00PM
132 OLD NORWICH RD

LUMINARIA DISPLAY CREATED BY QUAKER HILL STUDENTS
TREATS HOT COCOA
SPECIAL VISITS FROM SANTA AND MRS. CLAUSE AS WELL AS THE
GINGERBREAD MAN!



Town of
Waterford
First Selectman's Office



2023-24 Hour of Code

Students in grades PreK-5 in Waterford will again be participating in the 2023-24 Hour of Code Event to celebrate Computer Science. Hour of Code is a global movement introducing tens of millions of students worldwide to computer science, inspiring kids to learn more, breaking stereotypes, and leaving them feeling empowered. We know that whatever field our students choose to go into as adults, their ability to succeed will increasingly depend on understanding how technology works.



More than 100 million students worldwide have already tried an Hour of Code. Our schools are making a statement that Waterford is ready to teach these foundational 21st-century skills. Students will participate in a one-hour introduction to computer science during the school day, designed to demystify code and show that anybody can learn the basics. Coding requires discipline, attention to detail, perseverance, the ability to predict an outcome and problem solving skills. These are skills we want all of our students in Waterford to fully develop.

Dates for Hour of Code Events:	
12/12	Quaker Hill
Week of 1/16-1/19	Oswegatchie
Week of 1/22-1/26	Great Neck

A website to supplement our event has also been created and will be a resource for age appropriate coding activities during the months of December and January. Students will have access to the site here at school and at home. Students can use the devices they have at home to access the links and videos. We encourage families to join in and code right along with your child/children. The website will be live starting Dec. 1st. You will be able to access it from:

[Mrs. McCue's District Webpage](#) *(Elementary Technology Specialist)*

**locate Hour of Code 2023-24 at the top*

If you are interested in reading more about the Hour of Code event and the benefits of coding, visit <http://hourofcode.com/us> .



CHANGE OF PLANS



QHPTA is SWITCHING around the
schedule of events slightly

MOVIE NIGHT and ORNAMENT CRAFT
NIGHT will now be on the SAME NIGHT
12/15/23

We will have a FUN NIGHT of holiday
themed activities.

Join us starting at 5:30PM for crafting
Movie will start promptly at 6:30PM

Quaker Hill

Holiday Giving Drive to Help Families in Need

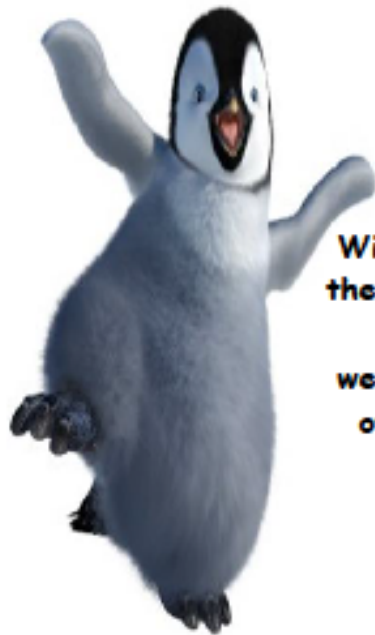
You Can Help By Donating

- New Unwrapped Toys
- Personal Care Items
- Socks, Hats, and Mittens
- Baseball Caps-National Teams

Please Bring Any Donations to Your Teacher by:
December 12th.



All Donations will go to Waterford Youth Services to assist local families during the Holiday Season.



Happy Feet Are Warm Feet!

Winter is quickly coming. Women, men and their children sometimes have to leave their homes with only the clothes they are wearing at the time. The generous support of the community is appreciated to help meet their immediate needs.

Can you spare a pair?

- New Warm Socks.
- New Slippers
- Also collecting New Scarfs and Mittens/Gloves

All sizes

For Women, men and children until Dec. 14



Safe Futures provides shelter and support to families affected by domestic violence and abuse.



For questions & pick up call Royce Hoffman
860-460-8889

Formerly the Women's Center of Southeastern CT
Saving lives, restoring hope and changing the future

Saving lives, restoring hope and changing the future



Shoebox Santa



Imagine having to leave your home with just the clothes on your back. If you only had a shoebox to pack with a few items, what would they be?

The idea is very simple. Cover an empty shoebox with holiday paper, determine whether you are making the box for a mom, dad, boy or a girl and fill the box with your creativity and thoughtfulness!

- FIND A MEDIUM SIZED EMPTY SHOEBOX
- WRAP THE LID AND BOX SEPARATELY IN WRAPPING PAPER
- FILL THE BOX USING THE LIST BELOW FOR IDEAS & INSPIRATION:
 - ✓ PERSONAL ITEMS (SHAMPOO, DEODORANT, HAIRBRUSH, KLEENEX, ETC.)
 - ✓ THINGS TO LOVE (MUSIC, TOYS, BODY LOTION, ETC.)
 - ✓ THINGS TO DO (PEN, PAD, NOTE CARDS, CRAYONS, PUZZLE BOOK, ETC.)
 - ✓ THINGS TO WEAR (JEWELRY, HAT, GLOVES, MAKE-UP, NAIL POLISH, ETC.)
 - ✓ FOR THINGS THAT DON'T FIT IN THE BOX (GIFT CARD TO WAL-MART, TARGET, GROCERY STORE, GAS CARD, SUBWAY)
- LABEL YOUR SHOEBOX (GENDER, AGE)

Shoeboxes will be picked up Thursday, Dec. 14th
All items should be new, unwrapped & age appropriate
No perishables or food items please!

Thank you for your generosity this holiday season!

Safe Futures provides shelter and support to families affected by domestic violence and abuse.

Jody's Wish

Jody's wish ornament was created as a memorial ornament to honor and remember Jody Nazarchyk. Jody dedicated her life to helping and serving others.

Jody's wish was that all children would have whatever they needed. The thought of a child being sad or disappointed because they did not get a special gift or could not afford the equipment to play a sport was heartbreaking to Jody. Jody always tried to find a way to make it happen for the children. The proceeds from these ornaments will help us continue making Jody's Wish come true. All of the proceeds will be donated to Waterford Youth and Family Services to help make children's dreams come true. Thank you!

**To get your Jody's Wish ornaments please contact Ethel Reed at
Ethel.d.Reed@gmail.com**



Suggested minimum donation: \$10.00



VENDOR & ARTISAN FAIR

WE ARE BACK AND BETTER THAN
EVER! SHOP OVER 60 VENDORS.

shopping, raffles, kid's activities, & food!

DECEMBER 3 • 10AM - 3PM

WATERFORD HIGH SCHOOL FIELDHOUSE
20 ROPE FERRY ROAD
WATERFORD, CT 06385

10th ANNUAL



DEC. 9



McCook Point Park • Niantic

Teams / Costumes Welcome

DISCOUNTED RATES:
EARLY Registrants, Military,
and Virtual Participants



Waterford Little League

Register online now for Spring Little League Season!

We are currently updating our website so to register for the upcoming season please scan the QR code



or go to

<https://leagues.bluesombrero.com/waterfordct>

2024 Spring Season Registration fees:

Majors/Minors - \$150

Coach Pitch - \$100

Co-ed Tee Ball - \$85

Payment Plans available!
Family discount for families
with 3 or more players.

Important Registration Dates:

Majors/Minors

\$25 late registration fee begins 1/1
Registration closes 1/15

Coach Pitch

\$25 late registration fee begins 2/1
Registration closes 2/15



Please email
Registration@wllct.org with any
registration questions.

CONNECT WITH US



2023-2024

WATERFORD RECREATIONAL BASKETBALL SEASON

REGISTER ONLINE NOW!
WATERFORDRECBASKETBALL.COM

LEAGUE BREAKDOWN

INSTRUCTIONAL LEAGUE

BOYS & GIRLS GRADE 1-3

INSTRUCTIONAL REGISTRATION FEE - \$50

RECREATIONAL LEAGUES

BOYS GRADE 3/4/5 - GIRLS GRADE 3/4/5

BOYS GRADE 6/7/8 - GIRLS GRADE 6/7/8

BOYS SENIOR LEAGUE GRADE 9-12

TRAVEL LEAGUES

BOYS & GIRLS 4-8

* TRYOUT & EVALUATION TIMES WILL BE RELEASED SHORTLY

RECREATIONAL REGISTRATION FEES

1ST CHILD: \$100

2ND CHILD: \$80

EACH ADDITIONAL CHILD: \$65

FAMILY MAXIMUM: \$245

***REGISTER EARLY TO
AVOID LATE FEES*

REGISTRATION DEADLINES

TRAVEL REGISTRATION CLOSES OCT 16TH

RECREATIONAL CLOSES NOV 12TH
\$20 LATE FEE AFTER OCT 16TH

*TRAVEL MUST BE REGISTERED IN THE
REC PROGRAM BY 10/16/23

ANY QUESTIONS, PLEASE
REACH OUT TO:

WATERFORDBBALLBOARD@GMAIL.COM

WATERFORD
RECREATIONAL
BASKETBALL

CONNECT WITH US





INTRODUCING TO FAMILIES OF 4TH - 12TH GRADERS...

The Waterford Public School district is excited to announce its partnership with Securly in safeguarding our students, your children. Securly Home was chosen because we shared a vision of a safer, more productive digital world for our students.

Now parents of students in grades 4-12 can get the same peace of mind when school devices come home. See your child's online activity during after-school hours, pause your child's device, and turn off online access.

Through this partnership, the students of Waterford will be protected everywhere, on any school-issued device. You should have received a welcome email that provided you with instructions on how to download the app and connect with your child's online activity, so please be sure to locate it if you missed it!

Further information about Securly Home can be found on our WPS district website (Technology > One-to-One Device Program Information). There are resources there to help you become more familiar with Securly Home and how to use it.



Securly Home



Mobile App



Monitor Your Child's Online
Activity During After School
Hours





MY
SCHOOL
BUCKS

UPDATED POLICY FOR PURCHASING A CHROMEBOOK CHARGER

Replacement Chromebook
chargers for school-issued
devices should now be
purchased from
MySchoolBucks. Once payment
has processed, the charger will
be delivered to the student's
school. Please allow for fee
processing and delivery time.



Store

Shop your school for books,
clothes, and more.

Featured Items



Replacement Charger

[View Details](#)





NOW ACCEPTING APPLICATIONS FOR THANKSGIVING FOOD, HOLIDAY FOOD, AND HOLIDAY GIFT ASSISTANCE!

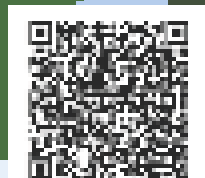
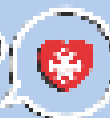


WATERFORD
Youth & Family
Services



WATERFORD
COMMUNITY
FOOD BANK

WATERFORD
CARES



Scan me for Thanksgiving
Food assistance!



Scan me for Holiday Food
& Gift assistance!

UCFS Healthcare's School-Based Health Centers and Your School!



The UCFS school-based health centers (SBHC) are a doctor's office inside of your school. The services are provided by an APRN (advanced practice registered nurse)/PA (Physician Assistant) and licensed behavioral health clinician who are experts in adolescent health and are employed by UCFS. The intention of the UCFS SBHC is to supplement the care your child receives at their pediatrician's office.

Services Provided



- Yearly well-child examinations
- Vaccinations
- Sports physicals
- Acute care visits (e.g. sick visits, lacerations, injuries, etc.)
- Chronic care visits (e.g. asthma, ADHD, etc.)
- Mental Health Assessments
- Substance Abuse Screenings
- Counseling (individual, group, and family)

Top 5 Reasons to use the School-Based Health Center

- Convenient same day appointment.
- Removes barriers to care such as lack of transportation.
- Decreases time away from the classroom which improves academic success.
- Improves student's achievement by taking care of behavioral health needs that can make learning difficult.
- Connects students and their families with insurance coverage.

5

Referrals are easy...



- Behavioral Health Referrals can come from students, teachers, counselors, administrators as well as parents/guardians of students.
- Medical visits can be coordinated through the school nurse or directly with our family engagement/medical assistant.
- Working collaboratively with school personnel, families, and local youth services has helped to maximize student support.

To learn More...

School-Based Health Centers are located at Waterford High School and Clark Lane Middle School and are open to all Waterford Public School students.

Scan here to learn about the School-Based Health Center at your school! SBHC line - 860-822-2803



SCAN ME

December Lunch Menu

LUNCH

DECEMBER 2023

WATERFORD SCHOOLS K-12

LUNCH PRICES

Elementary \$3.25
CLMS \$3.50
WHS \$3.75

*Second Meal=\$4.25 - Adult Meal \$5.00

Monday

Tuesday

Wednesday

Thursday

Friday

Please visit www.myschoolbucks.com to add funds to your child's account.

For the 23-24 school year, students qualified for **Reduced status** will receive one lunch at no cost per day

<p style="text-align: right; font-weight: bold; font-size: small;">4</p> <p>Macaroni & Cheese Steamed broccoli Baby carrots Diced pears Milk <i>National Oatmeal Cookie Day</i></p>	<p style="text-align: right; font-weight: bold; font-size: small;">5</p> <p>Chicken Nuggets Steamed Red potatoes Sliced carrots Dinner roll Fresh Fruit Choice Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">6</p> <p>Chicken Tender* parmesan Penne Pasta in marinara sauce Green beans Garlic knot Diced peaches Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">7</p> <p>Beef & Cheese Taco Salad Fiesta beans Mini- corn muffin Tostito chips salsa cup Pineapple chunks Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">1</p> <p>Cheese Pizza Baby carrots Ranch Cucumber slices Apple juice Fresh fruit choice Milk</p>
<p style="text-align: right; font-weight: bold; font-size: small;">11</p> <p>Chicken Patty on a WG Roll Potato Wedges Golden corn Diced pears Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">12</p> <p>French Toast Syrup cup Sausage links Potato tots Mango juice Fresh Fruit Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">13</p> <p>Cheese Pizza Baby carrots Ranch Cucumber slices Apple juice Fresh fruit choice Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">14</p> <p>Holiday Dinner! Turkey & gravy Mashed potatoes Green beans Craisins <i>Pumpkin bread Milk</i></p>	<p style="text-align: right; font-weight: bold; font-size: small;">15</p> <p>Cheeseburger Baked beans Sweet potato gems Diced peaches Milk</p>
<p style="text-align: right; font-weight: bold; font-size: small;">18</p> <p>Meatless Monday! Baked Italian Combo <i>Mozzarella stick & Breaded Ravioli</i> Caesar Salad Bread stick Diced pears Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">19</p> <p>Orange chicken Brown Rice Steamed Broccoli Diced carrots Mandarin oranges Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">20</p> <p>Chicken & Broccoli Alfredo Romaine & garbanzo bean Salad Garlic Knot Fresh Fruit Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">21</p> <p>Chicken "Drummies" Smile fries Golden corn Dinner Roll Apple sauce Milk</p>	<p style="text-align: right; font-weight: bold; font-size: small;">22</p> <p>Cheese Pizza Baby carrots Ranch Cucumber slices Sidekick or Apple juice Milk</p>
<p style="text-align: right; font-weight: bold; font-size: small;">25</p> <p><i>School Holiday</i> No School <i>Winter Break</i></p>	<p style="text-align: right; font-weight: bold; font-size: small;">26</p> <p>Winter Break No school <i>Wellness Tip:</i> <i>Stay hydrated</i> <i>Drink plenty of water daily!</i></p>	<p style="text-align: right; font-weight: bold; font-size: small;">27</p> <p>Winter Break No School <i>Wellness Tip:</i> Eat at least one fruit or Vegetable at every meal!</p>	<p style="text-align: right; font-weight: bold; font-size: small;">28</p> <p>Winter Break No School <i>Wellness Tip:</i> <i>Play outside for at 20</i> <i>minutes/dress for the weather!</i></p>	<p style="text-align: right; font-weight: bold; font-size: small;">29</p> <p>Winter Break No School <i>Wellness Tip:</i> <i>Make sure to get plenty of</i> <i>sleep for a healthy body!</i></p>

All grain-based items offered at lunch are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched
A VARIETY OF FRESH FRUITS OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"
Alternate Choice Yogurt Meal available daily = Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk
 Milk choices: 1% White or Fat Free Flavored Additional Fruit & Vegetables offered daily THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER *Menus are subject to change

December Breakfast Menu

 BREAKFAST					DECEMBER 2023 WATERFORD SCHOOLS K-12					One daily Breakfast at no charge to all students this 2023-24 school year! Milk Only: \$.75 *Second Breakfast Price: \$2.75				
Monday		Tuesday		Wednesday		Thursday		Friday						
Please visit www.myschoolbucks.com to add funds to your child's account.					Alternate choice of assorted cereals and muffins Available daily/Fruit & milk included					WG Cinnamon Roll Choice of Fruit 100% fruit Juice Milk				
Breakfast pizza Choice of Fruit 100% fruit Juice Milk		Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk		Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk		Banana Bread Choice of Fruit 100% fruit Juice Milk		Mini French toast Choice of Fruit 100% fruit Juice Milk						
Banana Bread Choice of Fruit 100% fruit Juice Milk		Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk		Sweet Potato Bun Choice of Fruit 100% fruit Juice Milk		Mini French toast Choice of Fruit 100% fruit Juice Milk		Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk						
Oatmeal breakfast Round Choice of Fruit 100% fruit Juice Milk		Breakfast Pizza Choice of Fruit 100% fruit Juice Milk		Mini French toast Choice of Fruit 100% fruit Juice Milk		Egg & Cheese Breakfast sandwich Choice of Fruit 100% fruit Juice Milk		Yogurt & Goldfish grahams Choice of Fruit 100% fruit Juice Milk						
WINTER BREAK <i>Warm Winter Wishes!</i> SCHOOL HOLIDAY NO SCHOOL		School Holiday <i>Wellness Tip:</i> Eat at least one fruit or Vegetable at every meal!		School Holiday <i>Wellness Tip:</i> Play outside for at 20 minutes/dress for the weather!		School Holiday <i>Wellness Tip:</i> Stay hydrated Drink plenty of water daily!		School Holiday <i>Wellness Tip:</i> Make sure to get plenty of sleep for a healthy body!						

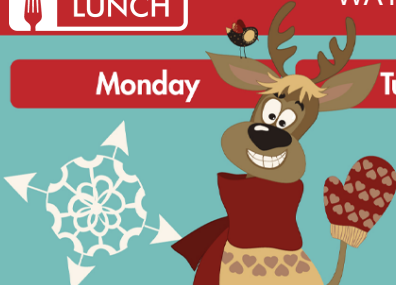
ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

*Milk Choices: 1% white or Fat Free Flavored * A variety of breakfast options offered daily * All breakfast includes 1 cup of fruit & 8 oz. Milk * Menu subject to change

This institution is an equal opportunity provider

"Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

December Pre-K Menu

BREAKFAST		LUNCH		DECEMBER 2023					* 1 daily Breakfast at "no cost"
WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH							For ALL students this school year!		
LUNCH \$3.25							MILK ONLY= \$.75		
Monday	Tuesday	Wednesday	Thursday	Friday					
					Please visit www.myschoolbucks.com to add funds to your child's account.			WG Warm Cinnamon Roll Fruit / 100% fruit Juice /Milk 1	
For the 23-24 school year, students qualified for Reduced status will receive breakfast and lunch at no cost									
Breakfast pizza Fruit / 100% fruit Juice /Milk 4 Macaroni & Cheese Steamed broccoli Diced pears Milk	Yogurt & Goldfish grahams Fruit / 100% fruit Juice /Milk 5 Chicken Nuggets Sliced steamed carrots Apple sauce cup Milk	Egg & Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk 6 Chicken "Tender" Parmesan Penne Pasta in marinara sauce Green beans Milk	Cereal/Fruit / 100% fruit Juice /Milk 7 Beef & Cheese soft Taco Fiesta beans Mini- corn muffin Milk	Mini French toast Fruit / 100% fruit Juice /Milk 8 Pizza Bites Marinara sauce Cup Spinach & Tomato Salad Oranne smiles Milk					
Cereal/ Fruit /100% fruit Juice /Milk 11 Chicken Patty on a WG Roll Golden corn Diced pears Milk	Yogurt & Goldfish grahams Fruit / 100% fruit Juice /Milk 12 French toast Syrup cup Potato tots Strawberry cup Milk	Sweet Potato Bun Fruit / 100% fruit Juice /Milk 13 Cheese Pizza Cucumber slices Apple slices Milk	Mini French toast Fruit / 100% fruit Juice /Milk 14 Holiday Turkey & gravy Mashed potatoes Green beans Milk	Egg & Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk 15 Cheeseburger Sweet potato gems Diced peaches Milk					
Oatmeal breakfast Round Fruit / 100% fruit Juice /Milk 18 Meatless Monday! Baked Italian Combo Mozzarella stick & Breaded Ravioli Salad Diced pears Milk	Breakfast Pizza Fruit / 100% fruit Juice /Milk 19 Orange chicken Brown Rice Steamed Broccoli Mandarin oranges Milk	Cereal/Fruit / 100% fruit Juice /Milk 20 Chicken & Broccoli Alfredo Romaine & garbanzo bean Salad Orange smile Milk	Egg & Cheese Breakfast sandwich Fruit / 100% fruit Juice /Milk 21 Chicken "Drummies" Smile fries Golden corn Apple sauce Milk	Yogurt & Goldfish grahams Fruit / 100% fruit Juice /Milk 22 Cheese Pizza Cucumber slices Apple slices Milk					
WINTER BREAK Warm Winter Wishes! SCHOOL HOLIDAY NO SCHOOL 25	School Holiday 26 Wellness Tip: Eat at least one fruit or vegetable at every meal!	School Holiday 27 Wellness Tip: Play outside for at 20 minutes/dress for the weather!	School Holiday 28 Wellness Tip: Stay hydrated Drink plenty of water daily!	School Holiday 29 Wellness Tip: Make sure to get plenty of sleep for a healthy body!					

All grain-based items offered are whole-grain rich which means that at least 50% of the grains in the item are *whole grain* (WG), all other grains are enriched
A VARIETY OF FRESH FRUITS OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"
Alternate Lunch Yogurt Meal available daily = Yogurt, Mozzarella string cheese, baby carrots, raisins, goldfish crackers, dinner roll, milk
Milk is 1% White **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER** ***Menus are subject to change**

2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30 A	31 B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1 C
	5 D	6 A	7 B	8 C
11 D	12 A	13 B	14 C	15 D
18 A	19 B	20 C	21 D	22 A
	26 B	27 C	28 D	29 A

October 2023				
Mon	Tue	Wed	Thu	Fri
2 B	3 C	4 D	5 A	6 B
	10 C	11 D	12 A	13 B
16 C	17 D	18 A	19 B	20 C
23 D	24 A	25 B	26 C	27 D
30 A	31 B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1 C	2 D	3 A
6 B		8 C	9 D	
13 A	14 B	15 C	16 D	17 A
20 B	21 C			
27 D	28 A	29 B	30 C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2 D	3 A	4 B	5 C
8 D	9 A	10 B	11 C	12 D
	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C	31 D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1 A	2 B
5 C	6 D	7 A	8 B	9 C
12 D	13 A	14 B	15 C	16 D
		21 A	22 B	23 C
26 D	27 A	28 B	29 C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D*	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C
25 D	26 A	27 B	28 C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1 D	2 A	3 B	4 C	5 D
15 A	16 B	17 C	18 D	19 A
22 B	23 C	24 D	25 A	26 B
29 C				

May 2024				
Mon	Tue	Wed	Thu	Fri
		1 D	2 A	3 B
6 C	7 D	8 A	9 B	10 C
13 D	14 A	15 B	16 C	17 D
20 A	21 B	22 C	23 D	24 A
	28 B	29 C	30 D	31 A

June 2024				
Mon	Tue	Wed	Thu	Fri
3 B	4 C	5 D	6 A	7 B
10 C	11 D*	12 A*		



■ No School
* Early Dismissal

August 2023				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28*	29*	FD	31	

(2 day ~ 2 cumulative)

- 8/28 - ± Staff Convocation
- 8/29 - * PD - No School - PK-12
- 8/30 - First Day of School

September 2023				
Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days ~ 21 cumulative)

- 9/4 - School Holiday (Schools Closed)
- 9/25 - School Holiday (Schools Closed)

October 2023				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days ~ 42 cumulative)

- 10/9 - School Holiday (Schools Closed)

November 2023				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days ~ 59 cumulative)

- 11/7 - * PD No School for Students - PK-12
- 11/10 - School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 - 11/24 - School Holiday (Schools Closed)

December 2023				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days ~ 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 - 12/29 - School Holiday (Schools Closed)

January 2024				
Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days ~ 96 cumulative)

- 1/1 - School Holiday (Schools Closed)
- 1/15 - School Holiday (Schools Closed)
- 1/18-1/23 - ** Midterm Exams: Early Dismissal 9-12

February 2024				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH		21	22	23
26	27	28	29	

(19 days ~ 115 cumulative)

- 2/19-2/20 - School Holiday (Schools Closed)

March 2024				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days ~ 135 cumulative)

- ** 3/7 - P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

April 2024				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	PD			

(16 days ~ 151 cumulative)

- 4/8 - 4/12 - School Holiday (Schools Closed)
- 4/30 - * PD No School for Students - PK-12

May 2024				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days ~ 173 cumulative)

- 5/27 - School Holiday (Schools Closed)

June 2024				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days ~ 181 cumulative)

- 6/6 - 6/11 - ** Final Exams: Early Dismissal 9-12
- 6/11 - ** Early Dismissal PK-12
- 6/12 - Last Day of School Early Dismissal PK-12



NOTE: Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022
Revised: June 22, 2023

± Staff Convocation is for all staff of the Waterford Public Schools
* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM
** Full day for Paraprofessionals